

Child Friendly Safeguarding Policy

Harvills Hawthorn
Primary School



Most importantly you do NOT have to keep your worries a secret!

What is this?



Your school has a Safeguarding Policy for staff, families and governors.

This child friendly policy is designed for young people and this should be read as a guide to the main policy. We have tried to write this in a way that makes sense to you as the Safeguarding Policy is very long..... ☺

What is it for?



To help you decide what could be a problem and where to get help and support. It is really important that you know who you can talk to and also to understand why you might need to talk to someone.

What is a DSL?



You might have seen or heard the phrase DSL, but what does it mean?

DSL stands for Designated Safeguarding Lead. In every school there is always somebody who has the responsibility to keep you safe, and all staff have to tell that person if they are worried about you. Staff have training and are taught how to keep children safe as it is the most important part of their job.

Your DSL is Miss Sheen and she is helped by a team of Deputy DSLs. They are Miss Soper, Mrs Hellend, Mrs Barnett, Mrs Marsden, Mrs Salmon, Mr Hill, Mrs Kitching and Mrs Maxwell. It is the job of everyone that works at your school to keep you safe so remember you can talk to any grown up that you trust.

The four main areas of Child Protection concerns are:

1. Physical Abuse – hitting, smacking, shaking, throwing, burning, biting etc.
2. Sexual Abuse – be aware this doesn't always mean touching a child. It could be someone making you watch things to do with sex or encouraging you to act in an inappropriate way.
3. Neglect – this means things like not providing meals or warmth or clothing. Or perhaps not taking you to the Doctors when you need to go. There may be lots of different reasons why a child is neglected,

Most importantly you do NOT have to keep your worries a secret!

and it is really important that we know so we can help.

4. Emotional Abuse – This means when someone upsets you or makes you feel bad. If someone in your family says horrible things to you and makes you feel sad and worthless.

These are just a few examples for you and if you think you may have a problem that is like one of these then talk to someone to check



Has someone said something to you, or have you heard something that you do not like or upsets you?

Is someone bullying you?

You must tell someone at school so we can help you.

Examples of people you can tell are:

- Teacher
- Headteacher / DSL
- Mentor
- Learning Support Assistant
- Lunchtime Supervisor
- A grown up that you trust

If you think someone is bullying, you walk away. If you cannot walk away easily or if the bullying is causing you to feel sad tell someone you trust exactly what is happening.

It might help if you write down what happened and how it made you feel. Write down the names of anyone who saw it happen then tell someone you trust exactly what happened and why you feel sad. If you are worried or frightened, or if the bullying is causing you to feel sad, you can also call the National Bullying Helpline: 0300 323 0169

Has someone touched you on a part of your body like your bottom, chest or anywhere else you do not like?

Touching you

It is not okay for someone to touch you and make you feel uncomfortable. People who do things like this often lie and tell you things to frighten you and make sure you don't tell anyone. You must tell someone at school so we can help you. Remember, it is not your fault and you will be taken care of and supported.

Examples of people you can tell are:

- Teacher
- Headteacher
- Mentor
- Learning Support Assistant



Most importantly you do NOT have to keep your worries a secret!

- Lunchtime Supervisor
- A grown up that you trust

Remember the PANTS rule:

- P – Privates are private
- A – Always remember your body belongs to you
- N – No means no
- T – Talk about secrets that upset you
- S – Speak up, someone can help



Has someone asked you if you want a tablet or to smoke a cigarette, or have a drink of something and you do not know what it is?

Do not eat, drink or smoke what they are giving you
You must tell someone at the school so we can help you.

Examples of people you can tell are:

- Teacher
- Headteacher / DSL
- Mentor
- Learning Support Assistant
- Lunchtime Supervisor
- A grown up that you trust.

Unfortunately, some abuse takes place between young people and can be in the forms of taking and sharing images such as nudes or semi nudes. This is not okay and is very serious. Please report this to a member of staff if this has happened.

There can also be times when there is sexual violence or sexual harassment from a child to another child. You do not have to 'put up' with this, it is not 'banter' and it will not be tolerated. Staff are here to help you so please tell us if anything like this happens.

Here are some websites who can also help and support you:

www.nspcc.org.uk

www.mind.org.uk

4 WAYS TO SAY NO

It can be hard to say 'no' to your friends, especially when they're all joining in.

Sometimes it can feel like you have to do what they tell you to in order to be accepted. It can make you feel scared and alone. It's not okay

Most importantly you do NOT have to keep your worries a secret!

for friends to pressure you like this. And it's not your fault. Try these tips to help:

1. Say it with confidence

Be assertive. Practise saying 'no' so that it's easier when someone asks. Avoid situations which feel unsafe or uncomfortable.

2. Try not to judge them

By respecting their choices, they should respect yours.

3. Spend time with friends who can say 'no'

It takes confidence to say no to your friends. You could try seeing how your other friends stand up to peer pressure and you can try this too.

4. Suggest something else to do

If you don't feel comfortable doing what your friends are doing, why not suggest something you could do instead.

Has someone hit, punched or smacked you or hurt you in anyway?



Hitting, punching or smacking you

You must tell someone at the school so we can help

Examples of people you can tell are:

- | | |
|---------------------|----------------------------|
| · Teacher | Learning Support Assistant |
| · Headteacher / DSL | Lunchtime Supervisor |
| · Mentor | A grown up that you trust |

You could create your own Hand of Safety

Five people that you know you can talk to if you are feeling upset or worried

Most importantly you do NOT have to keep your worries a secret!



*I can use my five fingers to name
5 people I feel safe with
These are the people I turn to for help
No matter how big or small
My problem may be
They will always be there to help keep me safe.*

If you would like to talk to someone who you don't know, you can always call ChildLine to talk to a trained counsellor in confidence.

Most importantly you do NOT have to keep your worries a secret!



WORRIED?
We're here
to
Listen
.....

**Call Childline on 0800 1111
or visit [childline.org.uk/ kids](https://childline.org.uk/kids)**

Whatever your worry,
you can talk to us. It's free,
you don't have to tell us
your name, and you can
chat about anything.

childline

ONLINE, ON THE PHONE, ANYTIME

Childline is a service provided by the NSPCC, ONSPCC 2020. Registered charity
England and Wales 216 401, Scotland SC037717. Illustration by Emily Keenan, 2020 10 02.

Most importantly you do NOT have to keep your worries a secret!

How does your school work hard to keep you safe?

There are lots of different ways, but one of the main ways is making sure the staff here at your school know how to keep you safe and also make sure you have someone to talk to if you need to. No member of staff should ever make you feel that you are causing a fuss or being a problem. They need to be supportive and reassuring.

Your Headteacher is here to support young people and their families if there is a Child Protection concern.

Safeguarding and Child Protection mean the same thing and they mean that we look after children and keep them safe.

If you are upset or worried about something that has happened to or you or someone else then please remember you can be brave and talk to someone who will listen to you and help you



What happens when you tell someone?

If you speak to a grown up, sometimes they will need to check things with your DSL and then if they can deal with the issue themselves, they will. Please try and understand that staff and the DSL will only want to help you and make you feel supported and better about the situation.

There are times though when they may need to contact some other agencies for support. These may be Children's Social Care (Social Workers) or Police. This is because schools can't do everything on their own and need to work with other professionals who are best placed to help with arranging other things. It might sound a little bit scary, but the Social Workers and Police will be specialist trained professionals who are great at helping children and young people.

There are lots of other agencies who support children and their families as well and people don't always need to have a Social Worker involved with their family. Sometimes people are Youth Workers or Mentors or Family Support Workers.

Most importantly you do NOT have to keep your worries a secret!

Don't worry, your DSL will talk to you and explain all of this, and you can always go and ask them questions if you are unsure about anything.

If you have any questions about this policy, then please contact one of the people below:

Designated Safeguarding Lead: You can find the DSL in their office which is downstairs next to the main office.	Miss Sheen
Deputy Designated Safeguarding Leads:	Miss Soper Mrs Hellend Mr Brydon Mrs Marsden Mr Salmon Mr Hill Mrs Kitching Mrs Maxwell

You can always speak to any member of staff in school who will be able to support you

Most importantly you do NOT have to keep your worries a secret!